



Spokane County Superior Court

Title 11 GAL / Court Visitor

Mandatory Annual Training Agenda

October 29, 2021 – Zoom Training

8:00 – 8:15	Check-in , Housekeeping, Zoom Etiquette, if applicable. Pick up Hypothetical Welcome – Spokane County Superior Court Judge Rachelle Anderson with Introduction of the Hypothetical
8:15 – 9:15	“Community Resources, Programs and Eligibility” Panel: <ul style="list-style-type: none">• Patrick Stickel, Deputy Regional Administrator, Adult Protective Services• Charles Rice, NFCM Supervisor out of the East Wenatchee HCS office• Melanie Thomason, An acute hospital social worker• Nathan (Nate) Sitton, Quality Assurance Manager (QAM) for DDA Region 1
9:15 – 9:30	Transition Break
9:30 - 10:30	“Understanding the Guardian at Appointment: Intersection of Community Resources, Programs and Eligibility” Panel Facilitator: Brent Stanyer <ul style="list-style-type: none">• Rosslyn Bethmann, lay guardian• Kelly Moore, Certified Professional Guardian, Office of the Public Guardian• Lynda Clark, Certified Professional Guardian, Safe Haven Guardianship Agency
10:30 – 11:15	QUESTIONS AND ANSWERS – Facilitated by Brent Stanyer
11:15 – 12:15	“RCW 11.130 New Guardianship Act (UGA)” Kay King, Senior Court Program Analyst - Training Coordinator Office of Guardianship and Elder Services, Washington State Administrative Office of the Courts
12:15 – 1:00	Lunch
1:00 – 2:00	Hypothetical / Interactive Discussion including Ethics Judge Rachelle Anderson, Spokane County Superior Court
2:00 – 2:15	Transition Break
2:15 – 3:30	“Best Practices and Expectations” Spokane County Superior Court Commissioners: Stine, Stewart & Swennumson
3:30 – 4:30	KEYNOTE: “Trauma Stewardship” Laura van Dernoot Lipsky Founder and director of The Trauma Stewardship Institute and author of Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others and The Age of Overwhelm https://traumastewardship.com/laura-van-dernoot-lipsky/
4:15 -	Complete Evaluations, Adjournment, Sign Out

SPEAKER BIOS

LAURA VAN DERNOOT LIPSKY is the founder and director of The Trauma Stewardship Institute and author of *Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others* and *The Age of Overwhelm*. Widely recognized as a pioneer in the field of trauma exposure, she has worked locally, nationally, and internationally for more than three decades.

Laura found her calling at age 18, when she regularly spent nights volunteering in a homeless shelter. She went on to work with survivors of child abuse, domestic violence, sexual assault, acute trauma of all kinds, and natural disasters. Simultaneously, she has long been active in community organizing and movements for social and environmental justice and has taught on issues surrounding systematic oppression and liberation theory.

A decade into her career, Laura experienced what can best be described as a near-psychotic break—which, she came to realize, was the result of years of witnessing and being intimately involved in trauma while lacking insight into how to sustain herself amidst such conditions. As a part of her attempt to come back from the brink, she began a journey of inquiry into the lasting effects on both individuals and communities of exposure to the suffering, hardship, crisis, or trauma endured by humans, other living beings, or the planet itself.

Since then, Laura has worked with groups as diverse as zookeepers and reconstruction workers in post-Hurricane Katrina New Orleans, community organizers and health care providers in Japan, U.S. Air Force pilots, Canadian firefighters, public school teachers, private practice doctors, tiny non-profits, massive state agencies, libraries, the Pentagon, alternative colleges, and Ivy League universities. Much of her work is being invited to assist in the aftermath of community catastrophes whether they are fatal storms or mass shootings.

Increasingly, the issues surrounding trauma have attracted the attention of private corporations as well. Facebook sought her out to consult with their teams, and film and television companies have asked her to educate actors, screenwriters, and production staff on the consequences of replicating trauma on screen.

Laura became one of the first in the field to talk publicly about the profound price that the witnessing of mass extinctions, potentially irreversible ecological losses caused by global warming, or other forms of human encroachment is exacting from the individuals and organizations who are attempting to save our planet. The environmental community has embraced Laura's work. She has met with some of the world's preeminent ecologists and been invited to serve on the boards of several environmental groups.

The book, *Trauma Stewardship*, was written at the request of fellow colleagues. In 2005, she traveled to post-Katrina New Orleans to help in the aftermath. As Laura was coming to the end of her time there, residents asked if she had anything in writing to leave for them. She did not, but the palpable need for resources on trauma exposure compelled her to collaborate with others to write and independently publish *Trauma Stewardship* in 2007. Several thousand copies were sold out of her basement. The book immediately was nominated for and received international award recognition and went on to become a bestseller.

In 2010, Berrett-Koehler Publishers asked to publish a revised edition of her book. Laura prioritized pitching a wider tent to assure the book was relevant for the countless caregivers in homes and communities as well as increasing the relevance for those doing frontline work in environmental and conservation movements around the world.

Through word of mouth, Trauma Stewardship has sold more than 188,000 copies. From being referenced as part of a discussion on the plight of Pakistani writers in the New York Times to its inclusion in yoga-teacher trainings to it being required reading in more workplaces and educational institutions than can be listed, its influence has touched individuals and groups throughout the world.

The book's concepts continue to evolve under the rubric of The Trauma Stewardship Institute, which Laura established in 2011. In March 2015, Laura was invited to give a TED talk—one of the first delivered inside a women's correctional facility.

Over time, Laura began to recognize that the sense of overwhelm familiar in the fields in which she was working was spreading—permeating society and visible in folks young and old, from all walks of life. In *The Age of Overwhelm*, published in 2018, Laura builds on her work in trauma to offer a resource to those who are experiencing a sense of overwhelm that may stem from inherent external or internal forces; families, school, or work; or the unique environment in which they're living. Drawing from three decades of experience, her own research, and personal observations, Laura has prepared an inclusive and practical guide to help people recognize, navigate, and ease the burden of overwhelm in their daily lives.

Laura founded and served as director of a Spanish-language preschool guided by a curriculum in social and environmental justice. She is on the advisory board of ZGiRLS, an organization that supports young girls in sports. She is a founding member of the International Transformational Resilience Network, which supports the development of capacity to address climate change. Laura also served as an associate producer of the award-winning film *A Lot Like You*, and was given a Yo! Mama award in recognition of her work as a community-activist mother.

JUDGE RACHELLE ANDERSON was appointed to Superior Court Dept. 12 in January 2019, prior to that, she served as a Spokane County Superior Court Commissioner since December 2010. Judge Anderson spent 13 years in private practice, focusing on family law and juvenile dependency matters. She spent a brief time as an Administrative Law Judge with the Washington State Office of Administrative hearings before her time on the bench.

Professional Affiliations: Judge Anderson currently serves as President of the Superior Court Judges Association and is Chair of the Superior Court Judges Association Guardianship and Probate Committee. She is former Chair of the Certified Professional Guardianship Board, former Chair of the WSBA Character and Fitness Board, and former Washington Young Lawyer Division Trustee. Judge Anderson also sits on the Standing Advisory Committee for the Spokane County Volunteer Lawyers Program.

Education: Eastern Washington University, Government, BA, 1994 • Gonzaga University School of Law, JD, 1997

Personal: Lifetime Spokane Resident • Married with five daughters between the two of us, dog lover and avid Gonzaga Basketball fan! Go ZAGS!

ROSSLYN COX BETHMANN - Rosslyn's most recent professional life includes support to those with intellectual/developmental disabilities as well as mental health concerns. Roz supports families and community partners. Areas of work; K-12 education/IDEA, community and service availability, housing as well as family connections with others.

Born in Laguna Beach, Roz graduated from Laguna Beach High School and attended California Polytechnic University at San Luis Obispo and then entered the world of Interior Design. In 1990 Roz

gave birth to her first child and 4 years later was walking down an unknown path of “disability and difference”. Needless to say, this was a time of surrender, bargaining and learning what the new “normal” would be. 26 years later her world is one of acceptance, learning experiences, bumps along the way, with peace and wisdom thrown in. Life is good!

Roz has a passion to see all individuals under guardianship treated with respect and given support to live their best lives. Roz helps others find answers to their numerous questions without having to reinvent the wheel. Developing relationships that include trust, honesty and integrity are guiding principals for all that Rosslyn does. She is an open book and encourages others along the way.

LYNDA CLARK is the owner of Safe Haven Guardianship Agency in Spokane Washington. Lynda is a certified professional guardian who has practiced in the Spokane area since graduating for University of Washington’s Guardianship program in 2010. Safe Haven Guardianship currently has three professional guardians as well as five support staff to meet the needs of the clients we serve. Lynda enjoys working with clients to ensure they have a “voice” in their lives!

KAY KING holds a B.A. in Behavioral Science and Law from the University of Wisconsin, and a J.D. from the University of Wisconsin Law School. Kay joined the Washington State Administrative Office of the Courts in October of 2019 as a Senior Court Analyst where she serves as Training Coordinator in the Office of Guardianship and Elder Services and support staff to the Certified Professional Guardianship Board. Kay has practiced in the areas of commercial banking, corporate and municipal finance, and trust and estate tax. In addition, Kay has experience in low income housing financing, and Medicare health care contracting and compliance. She has also served as a CASA volunteer in Chapter 13 dependencies.

KELLY B. MOORE has spent most of the last 30 years in social services with a primary focus on people with developmental disabilities and people who have been marginalized. She has spent many years developing, implementing and monitoring person centered plans, positive behavioral support and developing effective and responsible teams. Her roles have been as a care provider, case manager, management team, quality assurance manager, human resource coordinator, trainer, trouble-shooter, supervisor, advisor and advocate. She has developed classes, trained and consulted in a variety of arenas in the social services for ADSA, DSHS, DDA, ALTCEW and at times participated in training new Guardian ad Litems. Kelly has been a Certified Professional Guardian since 2006 and was a partner in a large guardianship agency prior to conducting business with the Office of Public Guardianship. Kelly has been the sole proprietor of Moore Guardianship Services since 2012 working with people with developmental disabilities, aging and mental health issues. Kelly was the president of the advisory board for Eastern Washington Long Term Care Ombudsman Program for 9 years. She was the secretary of the Air Force Inland Empire Association for 11 years. Kelly has a bachelor of arts in Psychology from Hastings College in Nebraska. Kelly enjoys the great outdoors whenever possible!

CHARLES RICE

NFCM Supervisor out of the East Wenatchee HCS office

MELANIE THOMASON

An acute hospital social worker, Melanie has for Washington State as a social worker for 2.5 years, before that she worked as an emergency, obstetrics, and psychiatric department social worker on the Big Island of Hawaii for 9 years.

NATHAN (NATE) SITTON graduated in 1995 with a bachelor's in psychology and in 1997 completed his master's degree in Guidance and Counseling from Whitworth College in Spokane. After graduating from Whitworth, he and his family moved to Ellensburg where he started his career working with youth in the foster care. Starting in 2001 Nate joined DSHS and spent 15-years with Children's Administration as a program specialist, supervisor, and CPS Social Worker. Nate was vital in the development of a first of its kind program working with sex trafficked teen girls in foster care, getting them off the streets with the partnership of local providers and church leaders. He was also instrumental in reducing the overall length of stay of youth in foster care receiving Behavioral Rehabilitation Services. In 2016, he was hired as the DDA Mental Health Supervisor overseeing five clinical case managers covering 20 counties in Eastern Washington. In his role as the MH supervisor, he was the liaison to all 4 Regional Support Networks, Eastern State Hospital HMM unit, and several Evaluation and Treatment centers advocating better mental health services for individuals with intellectual disabilities. He also worked closely with RSN contracted county mental health agencies to increase outpatient mental health services. The last four years Nate has worked as one of two Quality Assurance Manager (QAM) for DDA Region 1. He has been instrumental as the lead in providing contract monitoring and technical assistance for agencies with compliance sanctions on their certification. His goal is to continue to promote and advocate for better access to services for individuals with disabilities.

His personal vision statement is to live life full of value and purpose. Strive to have integrity, compassion, and honor in everything he does. Works at not taking himself too seriously and making time to laugh at himself. Most importantly enjoying what other people bring to his life and impacts they have made on him. When he is not working, he enjoys spending time with his wife, adult kids, close friends. Hobbies include camping, fishing, gardening, bee keeping, and occasionally looking for Bigfoot near Trout Lake WA. During the pandemic he has been working from home and after work binge watching many shows but mainly watching YouTube videos on learning new gardening tricks or how to fix things without bailing twine and bubble gum.

PATRICK STICKEL

Deputy Regional Administrator, Adult Protective Services

Adult Protective Services, DSHS

Patrick has worked in the field of social work and human services for over thirty years. Prior to being an APS Investigator, he worked for the State of Washington, Spokane County, as well as the private sector serving varying populations which included vulnerable adults, children, adjudicated felons, people with physical and mental disabilities, foster children, drug and alcohol involved clients, and homeless clients. He is currently the Region 1 APS Deputy Regional Administrator. Patrick currently administers the Adult Protective Services program in region 1, which consists of over 160 employees.

As a Deputy Regional Administrator, Mr. Stickel primarily directs and manages field operations for the Adult Protective Services Program in twenty (20) counties in eastern Washington, conducts administrative investigations on personnel matters, manages the 7.01 Plans in collaboration with the sovereign Tribes in Region 1, and provides back up coverage for Regional Administrator. He also serves as the chair for a region-wide group designed to promote health and wellness for the APS employees in region 1. In addition, he collaborates with HQ, community partners, law enforcement agencies, hospitals, facilities, legal services, attorney's, legislative offices, news media, constituents, the AGO, Tribes, and other DSHS administrations to ensure continued compliance with RCW 74.34 and Medicaid Program requirements and quality assurance standards which are critical to the continued success of the Long-Term Services and Supports (LTSS) Programs relative to the protection of the most vulnerable population in the State of Washington. He routinely provides community presentations on the APS program and mandatory reporting.

Patrick received his Bachelor of Arts degree from Eastern Washington University in Criminal Justice in 1990 and received his master's degree from Southwest University in Counseling Psychology in 1996.

COMMISSIONER KEVIN D. STEWART

Appointed: May 2nd, 2016

Career Highlights

Associate with John Cooney and Associates, P.S. 1994 to 1998, emphasis in criminal defense
Partner in Bonewell, Stewart and Associates, P.S., 1998 to 2000, emphasis in criminal defense and family law

Sole Practitioner 2000 to 2006, emphasis in family law, Title 26 GAL

Judge Pro Tem, Spokane Municipal and District Court, April 2004 to April 2011

Associate with Cooney Law Offices, P.S., 2006 to 2011, emphasis in family law

Judge Pro Tem, Spokane Superior Court, June 2009 to April 2011

Court Commissioner, Spokane Municipal Court, 2011 to 2016

Education

Graduate Mt. Rainier High School, 1983

Graduate Western Washington University, BS Political Science, 1988

Graduate Gonzaga University School of Law, JD, Magna Cum Laude, 1994

COMMISSIONER JOHN STINE

Appointed: June 3, 2019

Career Highlights

Spokane County Public Defender's Office attorney 1995-2009

Private practice attorney at Stine Law Office 2009-2017

Counsel for Defense attorney 2017-2019

Education

Central Washington University, B.A. Criminal Justice

Gonzaga University School of Law, J.D.

COMMISSIONER NICHOLE SWENNUMSON

Appointed: May 17, 2016

Career Highlights

Associate attorney at Robert Cossey & Associates, family & criminal law 2005 - 2009

Associate attorney at Law Office of Paul B. Mack, family law 2009 - 2016

Pro Tem Commissioner for Spokane County Superior Court, April 2014 - 2016

Education

Graduate of Rogers High School, 1998

Graduate of Eastern Washington University, Summa Cum Laude 2002

Graduate of Gonzaga University School of Law, Magna Cum Laude 2005