

What's words got to do with it?:

Emotional Abuse and Updates to the Domestic Violence Protection Order Statute



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Part A: Domestic Violence, seeing beyond just the physical

True or False?

- ✓ • Domestic violence is rarely a one time occurrence.
- ✗ • It is easy for a victim to leave their abuser, so there are no understandable reasons to stay or return to an abusive partner.
- ✓ • Young women between the ages of 16-24 experience the highest rates of intimate partner violence.
- ✗ • Drugs and alcohol are a cause of intimate partner violence.
- ✗ • Intimate partner violence occurs because an individual cannot control their anger and anger management programs are a reasonable treatment option for an aggressor.



Domestic violence

is a pattern of controlling behavior used to maintain power in a relationship by one partner over the other.

YWCA 24hr Helpline:
326-CALL (2255)

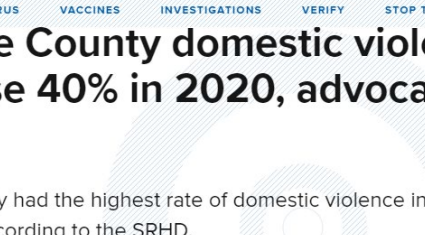


COVID-19 and DV

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Spokane County domestic violence calls rose 40% in 2020, advocates say

Spokane County had the highest rate of domestic violence in Washington, according to the SRHD.




GLOBAL CITIZEN

ISSUES TAKE ACTION REWARDS PARTNERS STORE

Domestic Violence Increased in the US by 8.1% During the COVID-19 Pandemic

NEWS DEMAND EQUITY



By **Leah Rodriguez**

MARCH 2, 2021

Analysis from the NCCCCJ found that the rise is likely due to economic stress, and lockdowns.



WASHINGTON STATE COALITION
WSCADV
 AGAINST DOMESTIC VIOLENCE

- Home
- Helping Survivors >
- Program & Advocate Support >
- Education & Outreach >
- Policy & Research >
- Trainings & Events >

🔍
How You Can Help
Find Your Local DV Program

Impact of COVID-19 on Domestic Violence Survivors

Published December 23, 2020

As we near the end of 2020, what have we learned about how the COVID-19 pandemic is affecting domestic violence survivors and their households? The pandemic has brought more isolation, stress, and financial instability, leaving survivors with fewer options for safety.

HEALTH • COVID-19

Domestic Violence Is a Pandemic Within the COVID-19 Pandemic



The house where Amy-Leanne Stringfellow, 26, was killed on June 5, in Balby, England, photographed on June 21, 2020. Mary Turner—The New York Times/Redux

BY JEFFREY KLUGER

FEBRUARY 3, 2021 11:15 AM EST

The last thing Sheila wanted to do on May 21 was drive her car. Getting behind the wheel with a concussion, multiple skull hematomas, and bruises and abrasions across her body was a decidedly bad idea. But it was the only way her husband would have let her out of the house.

She told him she was going out to buy him cigarettes. The truth was, Sheila (a pseudonym to protect her identity) was heading to meet her pastor's wife, who worked at one of the offices in the city hall of her small Nebraska town, seeking help to escape the domestic hell in which she'd been living since the start of spring. That was when the first wave of COVID-19 began and the economy

Statistics

Domestic Violence can happen to anyone

From the National Domestic Violence Hotline

- More than 1 in 3 women and 1 in 4 men have experienced rape, physical violence and/or stalking by an intimate partner in their lifetime
- 43.8% of lesbian women and 61.1% of bisexual women have experienced rape, physical violence, and/or stalking by an intimate partner at some point in their lifetime, as opposed to 35% of heterosexual women.
- More than half of college women report knowing a friend who has experienced violent and abusive dating behaviors
- On average, 24 people per minute are victims of rape, physical violence or stalking by an intimate partner in the United States

DV Statistics in Spokane County

- Spokane County has the highest reported rates of domestic violence in Washington State
- 14,500 domestic violence call to law enforcement annually
- 3,300 domestic violence cases annually with 3,900 documented victims
- Due to underreporting, there may be as many as 13,500 victims annually
- More than 2,000 children are victims or witness domestic violence each year
- An estimated 1 in 3 women and 1 in 10 men experience domestic violence



Why Not Just Leave?

A gray silhouette of a person is sitting on the ground, hunched over with their head down. Three gray hands are pointing towards them from the top right, middle right, and bottom right. The background is white.

Why go back?

Why put up with that?

Why do they stay or return?

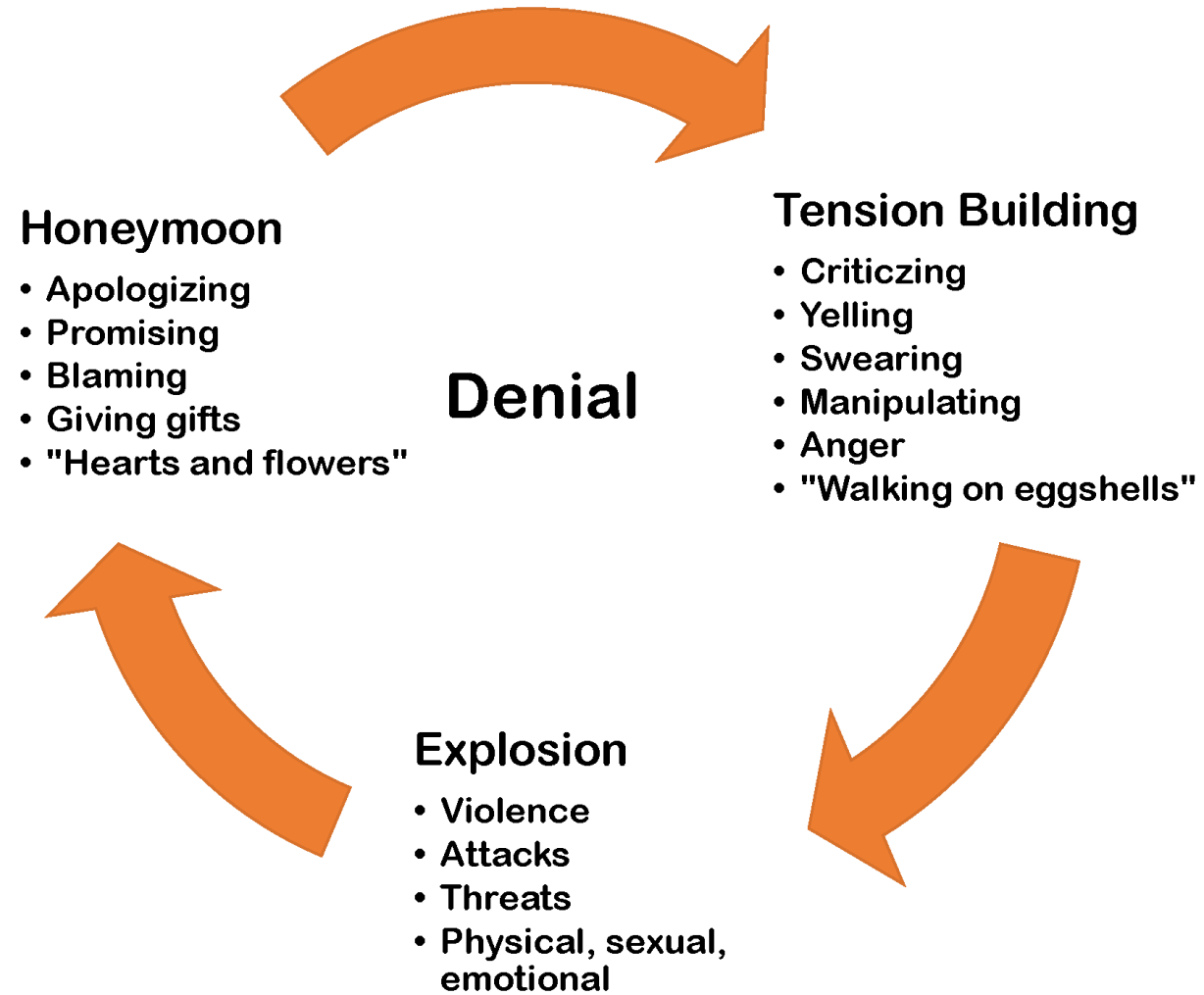


**What do you
think?**

Why do they stay or return?

- Increased danger level
- Fear of retaliation by abuser
- Children and custody
- Fear for household pets
- Financial dependency
- Housing
- Unaware of resources
- Lack of support network
- Fear of not being believed
- Embarrassment, shame, guilt
- Religious, cultural, and familial pressures
- Language barriers
- Lack of culturally specific resources
- Fear of law enforcement and deportation
- Belief that the abuser will change
- Love them / invested in their relationship

Cycle of Violence



How to Help a Survivor

- Listen and believe them
- Let them know that the abuse is not their fault
- Be non-judgmental
- Be supportive and patient
- Refrain from ultimatums
- Focus on the perpetrator's behavior and do not speak poorly of the abusive partner
- Encourage them to talk to professionals who can provide help and guidance

YWCA IS HERE FOR YOU



24hr Help Is Available

Call: 509-326-2255

Email: help@ywcaspokane.org

Text: 509-220-3725

Web: ywcaspokane.org

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YWCA IS ON A MISSION